



Slips trips falls while exiting vehicles

Recently there have been two incidents resulting in injury to SPEN employees whilst exiting their company vehicles. Both individuals had been utilising the appropriate PPE for the task and they were wearing approved footwear.

Incident 1

Jointer sustained a double fracture to his ankle after stepping out of driver's door onto a kerb in a poorly lit restricted space.



Incident 2

Jointer sustained a twisted ankle as a result of exiting his vehicle and slipping on the muddy surface within the site he was working in.



Recommendations and action points

- When completing your START risk assessment, review route to and from workplace and highlight actual hazards which may cause a slip, trip or fall (stating the control measure).
- Check boots are in good condition, paying particular attention to the treads (free from build up of mud). Wear your footwear correctly (tie the laces).
- Consider how you enter and exit your vehicle, maintaining three points of contact until you are firmly on the ground. Check the general condition of the steps and ensure the anti slip tread is fit for purpose.
- Consider your situational awareness, use the SLAM technique to identify hazards and take immediate corrective action to remove or control them.