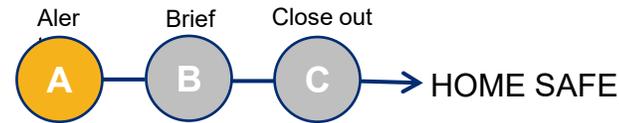


SHE ALERT

Knee Injury



Date of incident which is raised in days	5 th November 2025		Directorate	Distribution Services - SEPD	
Region	Wessex	Location	Poole	Classification	MTI
What happened ?					
<p>Our colleague was doing the final checks of the work site after completing works and noticed a small piece of tarmac on the customers driveway. They went to kick the tarmac back under the barrier before leaving and felt a tweak in their knee. They were taken to Accident & Emergency where they received an X-Ray and prescription strength medication (Medical Treatment).</p> <p>Whilst we are investigating this incident is important to remember:</p> <ul style="list-style-type: none"> • Plan – before completing works make sure you have selected and planned the safest means for the job. • Scan – constantly assess your surroundings. Look for new hazards that might occur during works or after works. Applying the 20 second scan technique and keep housekeeping to a high standard throughout the work. • Adapt –For any new hazards: stop and change your plan to making sure you are controlling the changes correctly. This incident is a reminder that corrective actions themselves can become unsafe if rushed or poorly thought out. <p>To support the Plan-Scan-Adapt, there is this short video SSE Plan Scan Adapt on Vimeo (2min30sec)</p>					

