



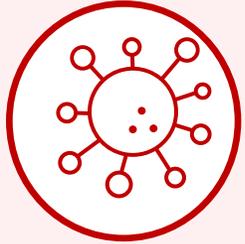
Skin Health programme



Why?

It saves lives!

Since inception - Skin Health programme: the stats



10 Melanomas



89 Skin cancer diagnoses

(Non melanoma squamous cell carcinoma)



1 in 18 People diagnosed with skin cancer



1671 Number of skins checks

2024-2025 Skin Health programme: the stats

What we did



15

nationwide site visits



563

Contact staff screened



64

referrals made

What we found

2 Malignant melanoma insutu (early)



1 potential invasive melanomas



29 non-melanoma skin cancers*

50%

of referrals resulted in malignancy

*Squamous cell carcinoma / Basal cell carcinoma

protect@contact



Mike's personal story



Elise's personal story



Skin Aware's Chelsea Langman talks with Elise Sinclair from our Retail team and her sister Monique

Janie's personal stories



Diagnosis recovery timeframes

Cancer type	Diagnosis	Surgery/Treatment	Days off work	Recovery
Basal cell carcinoma	2-3 appointments	3-4 appointments	5-7 + recovery	1-5 days
Squamous cell	2-3 appointments	3-4 appointments	5-7 + recovery	1-5 days
Melanoma Stage 1 & 2	2-3 appointments	6 appointments	8-9 + recovery	1-3 weeks
Melanoma Stage 3 & 4	2-3 appointments	Every 3 weeks for 2 years + blood test 2 weekly	30+	2-4 weeks



contact SkinAware

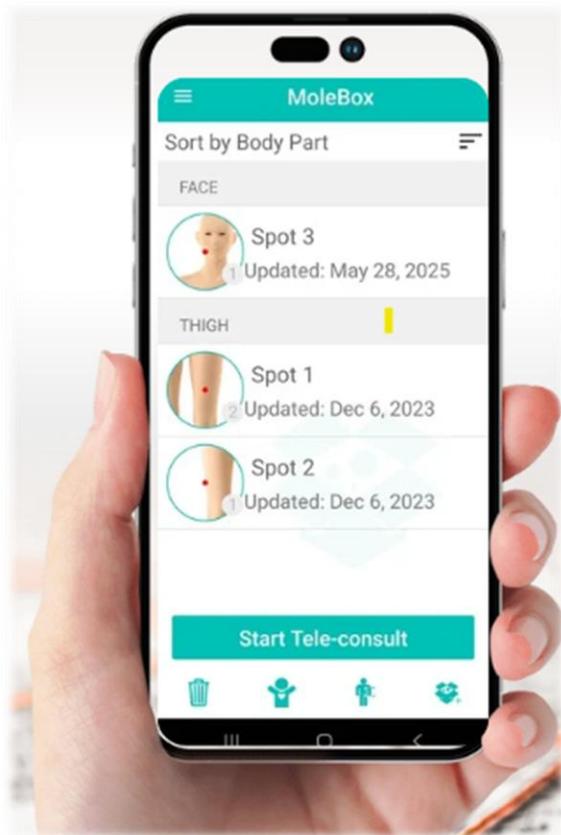
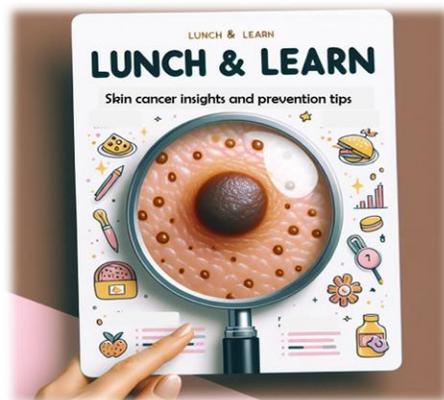
Is Your Skin Trying to Tell You Something?

We're bringing skin checks to you. Take a break, check your skin, and stay safe under the sun.



Scan the QR code for clinic dates and resources.

0220789937 | admin@skinaware.co.nz | skinaware.co.nz



So much more than a skin check!

contact SkinAware

Skin Health Programme

One Coverage Health and Safety Guidelines 2/2018

Helping to protect our people!

We want everyone's health and wellbeing to thrive at Contact, and skin health is an important part of this.

Did you know?
Skin cancer is the most common cancer diagnosed in Aotearoa New Zealand and our country has the highest mortality rate from melanoma in the world.

By catching early indications, the chance of you being impacted is reduced which is why we have partnered with **skinaware** to offer a free skin cancer check each year to all our people.

Our approach to health, safety and wellbeing is not about protecting you from something but for something, namely the things that matter most to you like your whānau and friends.

Upcoming Clinics

The next round of clinic dates are locked in! Don't miss out - book your spot now at any of our onsite clinics listed below:

- Wellington - Monday 21 July to Wednesday 23 July. Schedule an appointment - [click here](#)
- Wellington (Simply Energi) - Thursday 24 August. Schedule an appointment - [click here](#)
- Wellington - Friday 25 July. Schedule an appointment - [click here](#)



What's next for us?

Becoming UV Aware Organisation

UV Aware At Work Checklist

Complete the checklist using the scale:

Completed: The workplace can demonstrate that they have implemented the control measure.

Working on: The workplace is committed and shows they have started the process.

To do: The workplace has identified the control measure and plans to implement in the future.

Omitting: The workplace identifies the control measure as relevant but is too difficult for the workplace to implement.

Not applicable: The control measure is not relevant to the work the workplace conducts.

Steps	Completed	Working on	To do	Omitting	N/A
Conduct a UV risk assessment <ul style="list-style-type: none">Identify areas and activities in the workplace where employees are exposed to UV radiation.					
Implement control measures <ul style="list-style-type: none">Install permanent shade structures or provide					

Extending the programme out to our whanau



It's a journey, not a destination!



**Thank you
&
Questions?**

Skin Health programme

