



Every employee and contractor working for Northern Powergrid, should go home at the end of each shift uninjured and in good health after a productive days work.

Seasonal slips, trips and falls

Over the last few weeks we have seen two slip/trip incidents resulting in the injured parties requiring first aid treatment to clean minor cuts and grazes.

In the first incident, a colleague was walking through Castleford depot when she stumbled and fell to the ground having stepped into a small pothole on the tarmac road surface. The injured party, who was wearing boots with a small heel, suffered grazes to her hands and knees and jarred her shoulder. At the time of the event the natural lighting was poor and a defective depot lighting appliance resulted in the pot hole not being an obvious hazard. The defective light had already been reported and subsequently scheduled for repair.

In the second incident, another colleague fell at Manor House whilst on route to the smoking area, when stepping from the block paved walkway onto the roadway. The injured party, who was wearing high heeled shoes, suffered cuts and bruises to her knees. The cause of the fall has not been confirmed however the injured party believes she slipped on fallen leaves but was unable to confirm this.

Please exercise particular care when moving in and around the workplace, accessing and leaving the building. Please bear in mind that in spite of our best efforts, leaves can fall in between routine cleaning and we can be caught out with frosty/icy conditions. Lighting conditions in the winter months are also a factor to take into account as artificial lighting is not as good as daylight.

Please consider the type of footwear you use at work, particularly when moving around outdoors, and in the winter months. As well as increased vigilance and care to address the uncertainty of the ground conditions, the use of suitable footwear (e.g. predominantly flat or small heeled rubber soles with good grip) will inevitably help to reduce the risk of slips and falls, particularly at this time of the year.



Please use the right footwear for the conditions. If you are predominantly office based and wear indoor shoes at work, have a change of footwear available that is suitable for the outdoor conditions.

If ground conditions are icy then use your spiky plus - 30 seconds fitting spikey plus is much better than months of pain and discomfort whilst recovering from a fracture.



If when moving around a workplace, you spot a hazardous condition such as faulty traffic route or walkway lighting, damaged or slippery walkways, snow or ice build-up on footpaths, etc, please report it via 159 first and then inform the properties section via the 171 hotline.