



FIRST ALERT

16th May 2018

Allergic Reaction – Bee Sting

Two recent incidents involving bee stings are a reminder of how important it is to share with your team any allergies or medical conditions you may have.

These allergies or medical conditions may require the people you work with to respond if you are unable to, so it is important that they know what to do in these events. If you carry medication, let your team know where it is and what to do, so they can take action if a medical incident occurs.

If you have team members who suffer from severe allergies related to the environment i.e. pollen, bees or wasps, consider their work type and location to ensure they are not put at risk.

Immediate actions

Call 111 if someone is showing signs of a serious allergic reaction or anaphylaxis:

- rapid development of a rash
- swelling around the lips and eyes
- shortness of breath or wheezing
- chest tightness
- severe dizziness or faints
- persistent sneezing or coughing
- difficulty swallowing or throat tightness
- signs of shock (pale skin, rapid pulse and fainting).

Stay calm, and know how to respond in an emergency

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